

**For Immediate Release**  
**Calgary, Alberta**

**Thursday, September 28, 2006**  
**TSXV: "SAH"**

**SAHARA ENERGY ANNOUNCES DIRECTOR AND OFFICER  
APPOINTMENTS, GRANT OF OPTIONS AND OPERATIONAL UPDATE  
FOR IMMEDIATE RELEASE**

**CALGARY, ALBERTA** – September 28, 2006. Sahara Energy Ltd. ("Sahara" or the "Company") announces the resignations of Ross Drysdale as director and Stacey Holliday as corporate secretary. The Company is pleased to announce the appointments of Rene La Prade as a director and Spencer Coupland as corporate secretary.

The following is a summary of the principal occupation of the proposed director and officer of the Corporation:

Rene LaPrade was Vice President, Operations with Petrobank Energy and Resources from September, 2001 to September, 2006. Mr. LaPrade was Manager Operations of Barrington Petroleum Ltd. from May 2001 to September 2001 and Vice President Operations of Petrorep Resources from June 1995 to May 2000. Mr. LaPrade started his career with Amoco Canada where he worked in various engineering capacities from 1981 to 1990. Mr. LaPrade graduated in 1981 from the University of Tulsa with a B.Sc. in Petroleum Engineering.

Spencer M. Coupland is a lawyer with the law firm of Burnet, Duckworth & Palmer LLP in Calgary, Alberta and practices in the area of securities, corporate finance, commercial transactions, venture capital matters and mergers and acquisitions. Mr. Coupland acts for a broad range of domestic issuers, investment banks and securities dealers, with particular emphasis in venture capital and mergers and acquisitions. Mr. Coupland is a member of the Law Society of Alberta and the Canadian Bar Association.

The Board of Directors welcomes Mr. La Prade and is looking forward to working with him.

The Company also announces that the board of directors approved the granting of 190,000 stock options to directors and officers of the company at a price of \$1.00 per share. The options are for a term of five years with vesting provisions.

Sahara also announces that it has cased three company operated wells, a gas well at Gold Creek (20% interest), an oil and gas well at Tangent (30%), an oil and gas well at Pembina (50%), and a non-operated oil well at Willisden Green (17.5%). These four wells are currently being completed and tested.

Sahara's well count is now 48 wells comprised of, 32 Heavy Oil Wells (average 40% interest), 10 Gas wells (average 30% interest) and 1 suspended (45%) and 5 dry and abandoned wells (average 30% interest). Completion and production results are expected within the next 60 days for the newly drilled wells.

Sahara is a junior oil and gas company focused on the acquisition, exploration and development of oil and natural gas in western Canada.

For further information please contact:

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**ADVISORY**

**FORWARD-LOOKING STATEMENTS** Certain information set forth in this document, including management's assessment of Sahara's future plans and operations, contain forward-looking statements. By their nature, forward-looking statements are subject to numerous risks and uncertainties, some of which are beyond these parties' control, including the impact of general economic conditions, industry conditions, volatility of commodity prices, currency fluctuations, imprecision of reserve estimates, environmental risks, competition from other industry participants, the lack of availability of qualified personnel or management, stock market volatility and ability to access sufficient capital from internal and external sources. Readers are cautioned that the assumptions used in the preparation of such information, although considered reasonable at the time of preparation, may prove to be imprecise and, as such, undue reliance should not be placed on forward-looking statements. Sahara's actual results, performance or achievements could differ materially from those expressed in, or implied by, these forward-looking statements and, accordingly, no assurance can be given that any of the events anticipated by the forward-looking statements will transpire or occur, or if any of them do so, what benefits that Sahara will derive therefrom. Sahara disclaims any intention or obligation to update or review any forward-looking statements, whether as a result of new information, future events or otherwise.

**Note:** Boe means barrel of oil equivalent on the basis of 1 boe to 6,000 cubic feet of natural gas. Boe's may be misleading, particularly if used in isolation. A boe conversion ratio of 1 boe for 6,000 cubic feet of natural gas is based on an energy equivalency conversion primarily applicable at the burner tip and does not represent a value equivalency at the wellhead.

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