

For Immediate Release
Calgary, Alberta

Sahara Energy Ltd. - TSX Venture Exchange: SAH
- U.S. Quotation: SAHRF

July 13, 2007

**SAHARA ENERGY ANNOUNCES THE RESIGNATION AND APPOINTMENT OF VICE
PRESIDENT FINANCE AND CHIEF FINANCIAL OFFICER**

FOR IMMEDIATE RELEASE

CALGARY, ALBERTA – July 13, 2007, Sahara Energy Ltd. ("Sahara" or the "Company") announces that Murray MacLean has stepped down as Vice President, Finance and Chief Financial Officer of the Company to pursue other opportunities. The Board of Directors of the Company wishes to thank Mr. MacLean for his contributions to the Company and wishes him well in his future endeavors. Subject to regulatory approvals, the Company has appointed Dufton Lewis as Vice-President, Finance and Chief Financial Officer of the Company from his previous position of controller to fill the vacancy left by Mr. MacLean's departure.

For the past 20 years, Mr. Lewis has worked at numerous companies in a variety of positions. Since 2004, Mr. Lewis has been Manager – Enterprise Risk Services for Deloitte & Touche LLP. Prior to this, Mr. Lewis was the founder and principal of an accounting firm specializing in all areas of oil and gas accounting and auditing, including financial accounting and reporting functions for up to 25 small to mid-sized businesses in a wide range of industries. Throughout his career, Mr. Lewis has garnered a wide range of experience and has assumed a variety of high-level roles in a diversified range of industries. From 1999 to 2001, Mr. Lewis was Vice-President, Finance of growthexperts.com, a high tech start up company where he was responsible for all aspects of accounting and human resources. Mr. Lewis has also worked at Encor Energy Corporation, Canadian Occidental Petroleum and Nova Corporation all in the financial and accounting departments. Mr. Lewis holds a Bachelor of Economics from the University of Notre Dame, a Bachelors of Commerce from the University of Michigan and has been a member of the Certified General Accountants' Association of Alberta since 1979.

Sahara is a junior oil and gas company focused on the exploration and development of oil and gas in western Canada.

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Statements in this press release may contain forward-looking statements including expectations with respect to future events and the actions of third parties. These statements are based on current expectations that involve a number of risks and uncertainties, which could cause actual results to differ materially from those anticipated. These risks include, but are not limited to: the underlying risks of the oil and gas industry (i.e. operational risks in development, exploration and production; potential delays or changes in plans with respect to exploration or development projects or capital expenditures; the uncertainty of reserves estimates; the uncertainty of estimates and projections relating to production,

costs and expenses, adequate available financing and health, safety and environmental factors), commodity price and exchange rate fluctuation and uncertainties.

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